



Acknowledgement of Traditional Owners

Bendigo Health acknowledges the Traditional Custodians of the land, the Dja Dja Wurrung People and pays respect to their Ancestors, Elders, past, present and future. As a health service, we acknowledge Djaara have been healing with Country for thousands of years. We recognise and respect their culture and the contribution of all Aboriginal & Torres Strait Islander Peoples across the region and express our commitment to walking together on this continued healing journey.

Contents

Message from our Director of Research and Innovation	IV
Research Report 2022-24 - 'At a glance'	\
Bendigo Health Research Highlights	V
Research Week and Symposium 2023	V
COVIDTHON	VII
International Clinical Trials Day 2024	I
Community event provides Bendigo locals insight into clinical trials	>
Clinical Governance	1
Medical Imaging	1
Quality and Risk	1
Research and Innovation	1
Clinical Operations	3
Allied Health and Continuing Care	3
Allied Health	3
Nutrition and Dietetics	3
Occupational Therapy	3
Speech Pathology and Audiology	3
Continuing Care	4
Community Dental Services	4
Outpatient Rehabilitation	4
Geriatric, Rehabilitation and Palliative Care Medicine	4
Palliative Care Medicine	4
Rehabilitation and Geriatric Medicine	5
Ambulatory and Critical Care	6
Cardiology, EEG and Cathlab	6
Emergency Department	6
Intensive Care Unit	7
Renal	8

Clinical Operations (cont.) Cancer Centre 9 Cancer Research 9 **Medical Services** 14 Endocrinology 14 Mental Health 15 **Surgical Services** 15 **Anaesthetics and Recovery** 15 **General Surgery** 15 Urology 16 Women and Children 17 **Community and Public Health Services** 18 Aged Care Residential Services 18 **Community Nursing Services** 19 **Health Promotion** 19 Infectious Diseases Service 19 Loddon Mallee Public Health Unit 19 21 Registries **Research Supports** 22 Clinical Trials Research Support Service (CTRSS) 22 Library 23 Research Governance Office (RGO) 24

Peer Reviewed Journal Publications

26

Message from our Director of Research and Innovation

At Bendigo Health, we are dedicated to making sure research leads to real improvements in healthcare. We believe in using research findings to improve how we treat patients and make our healthcare practices better. Our aim is to constantly improve the care we provide, using research to guide us. We measure how our changes in treatment affect patients, staff, the community, and our supporters. By working together, we can make healthcare better in Bendigo and beyond.

This report provides an overview of the broad range of research undertaken at Bendigo Health to improve the health and wellbeing of our community. Over the two year time period covered in this report, 2022-2024, our research footprint has grown with 157 active research studies, 101 publications in scientific journals and 24 departments across Bendigo Health involved in research at 30 June 2024.

During this time, I am proud to say that Bendigo Health has committed to become a signatory to marra ngarrgoo, marra goorri, the Victorian Aboriginal Health, Medical and Wellbeing Research Accord. The marra ngarrgoo, marra goorri places the cultures, worldviews, and belief systems of First Nations peoples at the heart of the research process. The marra ngarrgoo, marra goorri vision aims to elevate the ethical standards of health, medical, and wellbeing research for First Nations peoples in Victoria, ensuring they align with the principles of self-determination held by First Nations communities. As a regional health service, we look forward to continuing our healing journey with our First Nations people and in building respectful research partnerships between Aboriginal and non-Aboriginal researchers and communities.

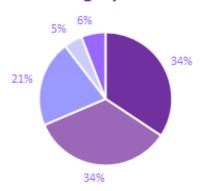
Our vision at Bendigo Health is to provide Excellent Care. Every Person. Every Time. We can only achieve this through basing our practice on the best available research evidence. I commend this report to you as an indication of the commitment of Bendigo Health to support research and clinical trials that translate into improved health outcomes for our regional communities.



Dr Angela Crombie
Director of Research and Innovation

Research Report 2022-24 - 'At a glance'

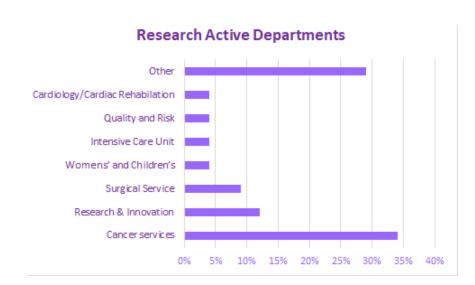
Broad category of research



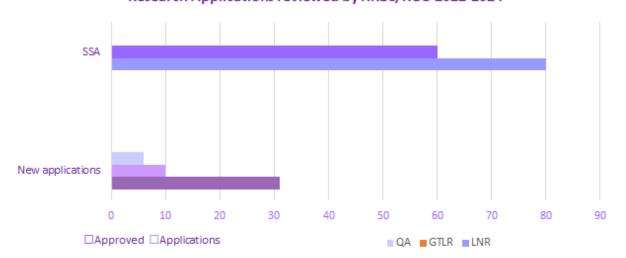
- Clinical Trials
- Health Research/Social Science
- Clinical Research
- Data Linkage
- Registry-based research



158 publications in peer-reviewed journals



Research Applications reviewed by HREC/RGO 2022-2024



For additional information on the Research Report 2022-24, or for research activity enquiries, please contact Research & Innovation via email Randd@bendigohealth.org

Bendigo Health Research Highlights

Research Week and Symposium 2023

Research Week 2023 kicked off Monday 23 October with a hybrid program of interactive sessions each day designed to support staff in undertaking research. The highlight of the week was the Research Symposium, held Wednesday 27th at the La Trobe Clinical Teaching Building. Our new CEO, Eileen, opened the Symposium and her address set the tone for the day which was all around promoting a vibrant culture of research and innovation to achieve the best possible health outcomes for our community.

We were excited that Olivia Payne, Executive Manager of the Research Corporate Services Unit at VACCHO, was able to Zoom in to introduce us to marra ngarrgoo, marra goorri: The Victorian Aboriginal Health, Medical and Wellbeing Research Accord. Released early October, the Accord will "promote ethical research practices and self-determination by empowering Aboriginal and Torres Strait Islander peoples to have a greater voice in how research is conducted across the state." As a regional health service, we look forward to continuing our healing journey with our First Nations people and in building respectful research partnerships between Aboriginal and non-Aboriginal researchers and communities.

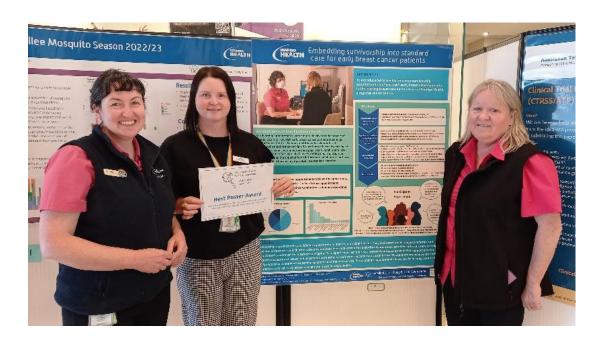




Narelle McPhee, Cancer Research Manager, facilitated a discussion with John, Shannon and Maureen about their experience of participating in a clinical trial. Sharing their stories helped to remind attendees of the reason that we do what we do – undertake research that benefits the health and wellbeing of our rural and regional communities.

The 70+ attendees were also treated to presentations from The Alfred TrialHub, the Coordinating Office for Clinical Trial Research at the Department of Health, and a fabulous program of Bendigo Health expert clinician researchers from our Surgical, ICU, Infectious Diseases, Cancer, Paediatrics, Geriatrics and Allied health services who all provided insights into their research and its benefits to our regional communities.

As well as the wonderful speakers, we also had an awesome display of posters showcasing research at Bendigo Health at the Symposium and on display in the hospital atrium. The winning poster at the Symposium also took out the people's choice award in the public vote and was "Embedding survivorship into standard care for early breast cancer patients" Authors: Zeina Hayes, Lisa Carson, Rosemary Gillies, Tegan Nash, Kate Cridland.



TrialsDocs, whose SiteDocs platform is being implemented at Bendigo Health to streamline our clinical research document management, had an information table in the poster room for attendees to visit and learn more about the TrialDocs platforms and supports. We also appreciated the support of the VCCC for coming and having an information table to provide attendees with additional information on the diverse range of programs, education, training and resources available through the VCCC. Some of our Library resource providers, Wolters Kluwer, JR Medical Books and EBSCO, also provided information sheets and other goodies for attendees.

It was a great week to celebrate the broad range of research undertaken at Bendigo Health to improve outcomes for our regional communities and we are looking forward to an even bigger and better Research Week in 2024!!



COVIDTHON



Bendigo Health's second health datathon, focused on COVID-related health variations, was held on the weekend, 25th & 26th March 2023. It was a resounding success!

Our Board Chair (Dr Ewa Piejko) kicked it off with a great opening/welcome. Dr Bruce Bolam provided an overview of the public health impacts of the pandemic and the Centre for Victorian Data Linkages (CVDL) explained their role, functions, and support they provide around the linked data.

Five teams were formed – all with great skill mix (data scientists, epidemiologists, researchers, clinicians and health information managers) who worked together to explore 5 very different aspects of COVID-related variations in healthcare:

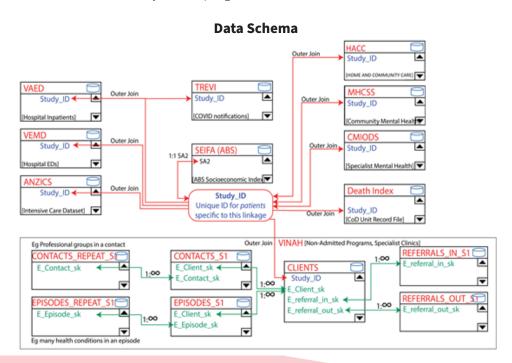
- How did the pandemic affect the rate and severity of domestic violence in rural women?
- What are the key characteristics and risk factors for Long COVID?
- What was the impact of COVID on delayed surgery/surgery waitlists?
- How did the pandemic affect the mental health of our community?
- Impact of COVID confounding factors CVD (developed a transferable model to explore COVID impacts on other disease states)

All topics were explored with a diversity lens – gender differences, rural/metro comparisons. All teams want to continue their research.

Teams presented their findings on Sunday afternoon and the judges had a very difficult task in selecting the winning team as each team had done an amazing job. The judging panel included Sally Fraser (Consumer), Dr Bruce Bolam (LMPHU), Sue Huckson (ANZICS data custodian), Dennis Wollersheim (DoH), and David Conley (HREC member). The audience also voted for their choice via Slido. The winning team was the 'What are the key characteristics and risk factors for Long COVID?'.

The vibe all weekend was electric, the energy was palpable!

The DoH/CVDL/ANZICS are keen to have annual datathons with us. They were really happy to see the end result of how the big health data can be translated into such meaningful information. We well and truly achieved our aim of finding preliminary evidence that will inform a really robust program of COVID-related research!



International Clinical Trials Day 2024

Background

On May 20, 1747, aboard the British navy ship HMS Salisbury, James Lind began an experiment that would change the world. He conducted what is considered the first clinical trial, investigating treatments for scurvy, using citrus fruits. From this beginning, Clinical Trials Day is an opportunity to recognize and appreciate the incredible progress made in healthcare thanks to clinical trials and the people behind them. It highlights the critical role clinical trials play in advancing medical knowledge and improving patient care. Through these trials, new medicines, treatments, and therapies are tested and developed. This ensures that patients receive the best possible care, supported by the latest scientific evidence.

Bendigo Health's Celebration 20 May 2024

- This year's international theme was "Trailblazers". Promotion of "Trialblazing" work being done by Bendigo Heath trailblazing staff needed visual messaging. Clinical Trials Investigators were photographed and asked about why clinical trials were important to them. 38 staff members images and quotes were incorporated into an A3 poster for each team, using a trailblazing theme. Posters were displayed on the glass doors of the Foundation Space. This activity was designed to increase visibility of the researchers and their work.
- A table was set up in the atrium with a "Guess the number of citrus fruits" activity. 78 staff and consumers made a guess, with the winner being staff member theatre nurse Fiona Campbell, who made the correct guess of 84, and was awarded a \$45 cinema voucher. This activity allowed the R&I team to discuss the history of clinical trials and why they are important, with an eye-catching visual aide.
- The R&I team also engaged with consumers and staff to ask their research interests and priorities, which were written on a citrus-sliced themed card and displayed behind the table. 87 People provided feedback, with priorities ranging from Endometriosis to Asthma. In upcoming days, these responses will be analysed further and results presented to the Research Steering Committee.
- Dozens of participants completed a word puzzle listing clinical trials being undertaken at Bendigo Health in 2024 for a small (chocolate) prize.
- Utilising the Spyder display unit, a video was played on a loop outlining the regional clinical trials experience, coordinated by Alfred Trial hub. The video featured one of Bendigo health Clinical Trials participants, John Robson, and Medical Oncologist Chloe Georgiou, as well as the voice of "Siri." This activity was designed to de-mystify the research experience for our consumers. The video was launched throughout the State of Victoria and garnered media attention, and was promoted on Bendigo Health social media on LinkedIn and Facebook by Corporate Affairs.
- Citrus-themed cookies were distributed to the participating trial teams as a morale boost, with some given to consumers as a thank you for providing feedback.
- Brochures highlighting the Australian Teletrials Program and the Bendigo Health Clinical Trials explanatory Consumer Brochure were distributed, as were the Call for Abstracts for Bendigo Health's upcoming Research Week in October 2024.

Highlights

- Events like International Clinical Trials Day help to increase and promote what is done quietly in the background of our organisation.
- The event was well received by the public and by staff, was visually interesting, and provided at least 3 free activities for interaction.
- The R&I team were enthusiastic and actively sought to engage with everyone who walked through the atrium in a caring and considered way.

Community event provides Bendigo locals insight into clinical trials

"I always thought clinical trials were just an end-of-the-line option before hearing otherwise."

This is just one of many comments we heard from community members at Bendigo Health's first joint clinical trials community information event with the Alfred TrialHub on 29 June 2023.

There are currently over 60 clinical trials open at Bendigo Health, with more coming, so it's absolutely critical the local community are provided proactive opportunities to become better informed about what clinical trials are and what's happening at their local health service.

Held at the Bendigo Regional Tennis Centre, community members were invited to come along and learn real insight from real patients.

Three local clinical trial participants – John, Elizabeth and Maureen – shared their first-hand experience through a Q and A session. They were then joined by Anne Woollett (TrialHub Director), Dr Robert Blum (Head of Cancer Services Bendigo Health), Professor Stephen Jane (Head of Research Alfred Health) and Dr Angela Crombie (Head of Research Bendigo Health) to complement and expand on what the trial participants had already said.

We were also thrilled to have Bendigo's Federal Government member, Lisa Chesters, there, as well as Greater Bendigo's Mayor Cr Andrea Metcalf. The format was originally developed by the Alfred TrialHub and co-designed with clinical trial participants.

Bendigo's Maureen Burkinshaw joined the community event panel and also shared her experience with local media to help others in her community. She has been on a clinical trial for her rare cancer since January and is responding well.



Clinical Governance

Medical Imaging

Research

The role of breast MRI in the work up and management paradigm of breast cancer: a regional perspective Bendigo Health Primary Investigator: Dr Jill Wilkie

Quality and Risk

Research

Is being well masking well-being? Quality of life of the regional Victorian ostomates

Bendigo Health Primary Investigator: Sarah Ketterer

Clinical Trials

Evaluation of an implementation intervention to enhance multi-national translation of nurse-initiated protocols for fever, hyperglycaemia and swallowing management following stroke: a cluster randomised controlled trial

Bendigo Health Primary Investigator: Tessa Coupland

Research and Innovation

Research

AUTOWORK: workers in transition through automation, digitalisation and robotisation of work

Bendigo Health Primary Investigator: Dr Angela Crombie

Clinician research culture and capacity at Bendigo Health

Bendigo Health Primary Investigator: Dr Angela Crombie

COVIDTHON: Making data meaningful

Bendigo Health Primary Investigator: Dr Angela Crombie

Evaluation of the Australian Teletrial Program - Stage 2

Bendigo Health Primary Investigator: Dr Angela Crombie

EWS scores and clinical in-hospital patient outcomes

Bendigo Health Primary Investigator: Dr Angela Crombie

Examining how to deliver telephone coaching at scale

Bendigo Health Primary Investigator: Dr Stephen Barrett

Increasing hospital access and quality of care for people with cognitive disability

Bendigo Health Primary Investigator: Dr Angela Crombie

Research

Loddon Mallee Health Care Worker COVID Study

Bendigo Health Primary Investigator: Dr Angela Crombie

Performance of early warning system scores in detecting clinical deterioration in hospital admitted adult patients presenting in the emergency department

Bendigo Health Primary Investigator: Dr Angela Crombie

Preventive health practice by allied health professionals

Bendigo Health Primary Investigator: Dr Stephen Barrett

Self-Harm: Descriptive study of paramedic management and patient outcomes

Bendigo Health Primary Investigator: Dr Angela Crombie

Smoking cessation and the ePR: Using technology in healthcare

Bendigo Health Primary Investigator: Dr Stephen Barrett

The Visitor Restrictions On Advocacy During COVID-19 project (V Road)

Bendigo Health Primary Investigator: Dr Angela Crombie

Victorian regional childhood asthma admissions: Emergency Department (ED) presentations, admissions and readmissions for asthma over time and correlates with seasonal and environmental conditions in children and adolescents living in regional Victorian areas

Bendigo Health Primary Investigator: Dr Angela Crombie



Clinical Operations

Allied Health and Continuing Care

Allied Health

Research

Impact of Allied Health Research and Translation Lead (AHR&TL) positions on professional social networks in Victorian Allied Health services

Bendigo Health Primary Investigator: Dr Owen Howlett

Translating neurorehabilitation research into clinical practice: The SENSe implement project

Bendigo Health Primary Investigator: Marcus Gardner

Nutrition and Dietetics

Research

Post-intensive care nutrition status in patients with COVID-19

Bendigo Health Primary Investigator: Virginia Fox

Occupational Therapy

Research

Managing stable PIPJ volar plate injuries with figure 8 splinting

Bendigo Health Primary Investigator: Matthew Grange

Speech Pathology and Audiology

Research

Communication Connect - Phase I staff perspectives

Bendigo Health Primary Investigator: Tracy Sheldrick

Communication Connect - Phase II co-design (Bendigo)

Bendigo Health Primary Investigator: Tracy Sheldrick

Speech pathology led endoscopic evaluation of the larynx

Bendigo Health Primary Investigator: Tracy Sheldrick

The incidence, risk factors, and clinical outcomes of post extubation dysphagia: A large scale retrospective cohort study

Bendigo Health Primary Investigator: Melanie McIntyre

Clinical Trials

Optimising mood and wellbeing with aphasia after stroke: A feasibility study of PRevention Intervention and Support in Mental health (PRISM)

Bendigo Health Primary Investigator: Tracey Sheldrick

Continuing Care

Community Dental Services

Research

Exploring access to dental services for children with intellectual and developmental disabilities

Bendigo Health Primary Investigator: Katherine Basilewsky

Outpatient Rehabilitation

Research

Post-diagnostic support in Australian memory clinics

Bendigo Health Primary Investigator: Nikki Lewis

Sustaining the use of telehealth in an outpatient rehabilitation setting: A multiple method study

Bendigo Health Primary Investigator: Dr Owen Howlett

Clinical Trials

A cluster-randomised implementation trial to promote evidence use (PROMOTE)

Bendigo Health Primary Investigator: Dr Owen Howlett

Geriatric, Rehabilitation and Palliative Care Medicine

Palliative Care Medicine

Research

An examination of palliative care practice and learning needs of Allied Health professionals in the Loddon Mallee region

Bendigo Health Primary Investigator: Lucy Rodda

Multi-site - My Neuro-Palliative Care (My NP Care): Phase III the pilot study - implementation and evaluation Bendigo Health Primary Investigator: Dr Buddhika "Buddy" Mudugamuwa

Multi-site - My Neuro-Palliative Care: (My NP Care): An integrated approach for people living with a progressive neurological disease

Bendigo Health Primary Investigator: Dr Buddhika "Buddy" Mudugamuwa

Rehabilitation and Geriatric Medicine

Research

Evaluating the hospital discharge planning process for adults with newly acquired disability and complex support needs: Barriers, challenges and facilitators of timely and effective discharge

Bendigo Health Primary Investigator: Dr Faraz Jeddi

Improving the management of patients with severe Behavioral and Psychological Symptoms of Dementia (BPSD) in Victorian hospitals

Bendigo Health Primary Investigator: Leanne Muns

Observational study to determine feasibility of a smart sheet system to detect the risk of pressure injuries Bendigo Health Primary Investigator: Associate Professor Marc Budge



Ambulatory and Critical Care

Cardiology, EEG and Cathlab

Research

Cardiac rehabilitation in regional areas: Developing a predictive model for ventilatory thresholds and assessing telehealth in Phase III cardiac rehabilitation

Bendigo Health Primary Investigator: Jacquelyn Dunstan

Discharge timing following patients presenting with ST-segment elevation myocardial Infarction: A rural experience

Bendigo Health Primary Investigator: Dr Voltaire Nadurata

SmartHeart: A smarthome ecosystem for people with heart failure

Bendigo Health Primary Investigator: Dr Voltaire Nadurata

The effect of recreational cycling on heart health

Bendigo Health Primary Investigator: Dr Voltaire Nadurata

Clinical Trials

Implementing best-practice cardiac rehabilitation: The QUality Improvement in Cardiac Rehabilitation cluster-randomised controlled trial (QUICR)

Bendigo Health Primary Investigator: Jacquelyn Dunstan

Smartphone Cardiac Rehabilitation, Assisted self-Management (SCRAM): A multi-centre, investigator blinded, parallel group, randomised, controlled trial comparing the effects and costs of cardiac telerehabilitation with usual care for people with coronary heart disease

Bendigo Health Primary Investigator: Dr Voltaire Nadurata

SMARTphone-based cardiovascular risk reduction program in patients undergoing treatment for BREAST cancer: A prospective registry (SMART-BREAST)

Bendigo Health Primary Investigator: Dr Matias Yudi

Emergency Department

Research

Emergency Department (ED) data to assess the impact of COVID-19 restrictions

Bendigo Health Primary Investigator: Dr Liam Hannon

Headache in the Emergency Department (The HEAD study)

Bendigo Health Primary Investigator: Dr Richard Smith

Clinical Trials

Australasian resuscitation in sepsis evaluation: Fluid or vasopressors in emergency department sepsis (ARISE FLUIDS)

Bendigo Health Primary Investigator: Dr Rachelle Abouchedid

Paramedic Antibiotics for Severe Sepsis: A Phase II study of pre-hospital intravenous ceftriaxone in patients with severe sepsis (PASS)

Bendigo Health Primary Investigator: Dr Liam Hannon

Intensive Care Unit

Research

AF study: A prospective, multi-site observational study assessing the management of new onset atrial fibrillation in the critically ill

Bendigo Health Primary Investigator: Dr Mark Fogarty

An audit of medical emergency team call activity and outcomes over 12 months in a regional Australian hospital

Bendigo Health Primary Investigator: Dr Adriana Marulli

ANZICS point prevalence program

Bendigo Health Primary Investigator: Dr Cameron Knott

Coronary Care Unit (CCU) audit

Bendigo Health Primary Investigator: Dr Joshua McAdams

CREST - iCu REfusal STudy

Bendigo Health Primary Investigator: Dr Bronwyn Brown

LOGICAL: Conservative vs. liberal oxygenation targets in adults with suspected hypoxic ischaemic encephalopathy following a cardiac arrest who are invasively mechanical ventilated in the ICU

Bendigo Health Primary Investigator: Dr Cameron Knott

Long-term survival outcomes following a Medical Emergency Team (MET) call in a Victorian regional hospital Bendigo Health Primary Investigator: Dr Cameron Knott

Non-technical skill focused education and patient survival following a cardiac arrest

Bendigo Health Primary Investigator: Dr Cameron Knott

NUTRIENT 2: Nutrition provision in critically ill adults - practice audit of nutrition care of critically ill adults during the ICU and post-ICU period

Bendigo Health Primary Investigator: Lauren Ballantyne

SPRINT-SARI: Short PeRiod Incidence sTudy of Severe Acute Respiratory Infection

Bendigo Health Primary Investigator: Dr Cameron Knott

The Australian and New Zealand Intensive Care Society - Patient Reported Outcome and Experience Measures pilot feasibility study (ANZICS-PROEMs)

Bendigo Health Primary Investigator: Dr Angus Carter

Clinical Trials

A cluster randomised, controlled trial of selective decontamination of the digestive tract in critically ill patients (SuDDICU study QLD)

Bendigo Health Primary Investigator: Dr Cameron Knott

A randomised, double-blind, placebo-controlled, two-arm parallel-group, multi-centre Phase III pivotal trial to investigate the efficacy and safety of recombinant human alkaline phosphatase for treatment of patients with sepsis-associated acute kidney injury - Recombinant human alkaline phosphatase SA-AKI survival trial (REVIVAL)

Bendigo Health Primary Investigator: Dr Angus Carter

Bacteraemia Antibiotic Length Actually Needed for Clinical Effectiveness (BALANCE)

Bendigo Health Primary Investigator: Dr Cameron Knott

Bone loss prevention with zoledronic acid or denosumab in critically ill women – A randomised controlled trial Bendigo Health Primary Investigator: Dr Jason Fletcher

DRIVing prEssure limited ventilation in hypoxemic respiratory failure - a Randomised Controlled trial (DRIVE RCT)

Bendigo Health Primary Investigator: Dr Cameron Knott

Early sedation with dexmedetomidine vs placebo in older ventilated critically ill patients

Bendigo Health Primary Investigator: Dr Cameron Knott

icuRESOLVE-D Study: Virtual Peer Support for ICU Survivors: Engagement - Digital

Bendigo Health Primary Investigator: Dr Cameron Knott

INTEnsive Nutrition Therapy compared to usual care in critically ill adults: A randomised pilot trial (INTENT)

Bendigo Health Primary Investigator: Dr Cameron Knott

LOGICAL: Conservative vs. liberal oxygenation targets in adults with suspected hypoxic ischaemic encephalopathy following a cardiac arrest who are invasively mechanical ventilated in the ICU

Bendigo Health Primary Investigator: Dr Cameron Knott

Randomised, Embedded, Multifactorial, Adaptive, Platform trial for Community-Acquired Pneumonia (REMAP-CAP)

Bendigo Health Primary Investigator: Dr Cameron Knott

Re-EValuating the Inhibition of Stress Erosions and prophylaxis against gastrointestinal bleeding in the critical ill (REVISE) trial

Bendigo Health Primary Investigator: Dr Cameron Knott

The mega randomised registry trial comparing conservative vs liberal oxygenation targets

Bendigo Health Primary Investigator: Dr Cameron Knott

Renal

Research

ANCA-associated glomerulonephritis; the Bendigo Health experience

Bendigo Health Primary Investigator: Dr Georgina Oakman

PPI use and the risk of PD peritonitis: Proton-pump inhibitor use and the risk of developing peritoneal dialysis-associated peritonitis

Bendigo Health Primary Investigator: Dr Nirbannjot Walia

Clinical Trials

Treatment of cardiovascular disease with low dose Rivaroxaban in Advanced Chronic Kidney disease (TRACK) trial

Bendigo Health Primary Investigator: Dr Cindy Ong

Cancer Centre

Cancer Research

Research

An evaluation of the symptom and urgent review clinic in Victoria

Bendigo Health Primary Investigator: Luke Bacon

Assessing responses to immune check point inhibitors in patients with advanced cutaneous squamous cell carcinomas

Bendigo Health Primary Investigator: Dr Sam Harris

Australian Carers Talk (ACT): An online cancer support resource for carers, designed by carers

Bendigo Health Primary Investigator: Narelle McPhee

CANcer patients' perspectives on coronavirus VACCination Survey (CANVACCS) research project

Bendigo Health Primary Investigator: Dr Sam Harris

Complete whole genome sequencing for cancer of unknown primary (SUPER-NEXT)

Bendigo Health Primary Investigator: Dr Mark Warren

Digitally enabled service re-design - Overcoming inequity of access of specialist nurse-led care coordination at home for Victorians affected by pancreatic cancer: Phase II

Bendigo Health Primary Investigator: Dr Robert Blum

Electronic CRPC Australian Database (ePAD)

Bendigo Health Primary Investigator: Dr Mark Warren

Evaluation of an oncology ward liaison nurse for improving patient care in a regional setting

Bendigo Health Primary Investigator: Dr Chloe Georgiou

First real-world data on unresectable Stage III NSCLC patients treated with durvalumab after chemoradiotherapy (PACIFIC R)

Bendigo Health Primary Investigator: Dr Sam Harris

Pharmacogenomics guided dosing of anticancer therapies for patients with cancer

Bendigo Health Primary Investigator: Dr Sam Harris

Prehabilitation for head and neck cancer patients undergoing radiotherapy

Bendigo Health Primary Investigator: David Rosaia

Prevalence and clinical outcomes of KRASG12C mutated advanced lung cancer patients in Australia

Bendigo Health Primary Investigator: Dr Sam Harris

Prevalence of Epidermal Growth Factor Receptor (EGFR)/Anaplastic Lymphoma receptor tyrosine Kinase gene (ALK) mutations in Stage IV Non-Small Cell Lung Cancer (NSCLC)

Bendigo Health Primary Investigator: Dr Robert Blum

Research

Provision of evaluation service for the trial hub pilot program

Bendigo Health Primary Investigator: Narelle McPhee

Real world efficacy and toxicities experience by older adults with unresectable locally advanced and metastatic pancreatic cancer receiving gemcitabine plus nab-paclitaxel or gemcitabine monotherapy

Bendigo Health Primary Investigator: Dr Melanie Power

Starting the conversation about quality care with cancer clinical trial participants

Bendigo Health Primary Investigator: Narelle McPhee

Telehealth acceptability survey for oncology patients and health professionals

Bendigo Health Primary Investigator: Dr Robert Blum

Understanding Pathways to Bowel cancer Early diagnosis And Treatment – comparing under vs over 50s (UPBEAT-50)

Bendigo Health Primary Investigator: Dr Robert Blum

Clinical Trials

A global pivotal study in participants with KRAS G12C-mutant, locally advanced or metastatic non-small cell lung cancer comparing first-line treatment of LY3537982 and pembrolizumab vs placebo and pembrolizumab in those with PD-L1 expression ≥50% or LY3537982 and pembrolizumab, pemetrexed, platinum vs placebo and pembrolizumab, pemetrexed, platinum regardless of PD-L1 expression (SUNRAY-01)

Bendigo Health Primary Investigator: Dr Gordon Ratcliff

A multi-centre, double-blind, randomised, controlled study of M7824 with concurrent chemoradiation followed by M7824 versus concurrent chemoradiation plus placebo followed by durvalumab in participants with unresectable Stage III non-small cell lung cancer (INTR@PID)

Bendigo Health Primary Investigator: Dr Say Na

A multi-centre, randomised, double-blind, placebo-controlled Phase III study of fuzuloparib combined with Abiraterone Acetate and Prednisone (AA-P) versus placebo combined with AA-P as first-line treatment in patients with metastatic castration-resistant prostate cancer SHR3162-III-305

Bendigo Health Primary Investigator: Dr Robert Blum

A pharmacokinetic study of nivolumab administered subcutaneously by autoinjector vs intravenous nivolumab in participants with Stage III a/b/c/d or Stage IV melanoma following complete resection

Bendigo Health Primary Investigator: Dr Sam Harrris

A Phase Ia/Ib, first-in-human, open-label, non-randomised, multi-center, dose-escalation and cohort expansion study to evaluate the safety, tolerability, efficacy, immunogenicity, pharmacokinetics, and pharmacodynamics of IOS-1002 administered alone and in combination with pembrolizumab, a PD-1 monoclonal antibody in advanced solid tumors

Bendigo Health Primary Investigator: Dr Sam Harris

A Phase Ib/II trial of ipilimumab-nivolumab-denosumab and nivolumab-denosumab in patients with unresectable Stage III and IV melanoma (CHeckpoint And Rank-L Inhibition (CHARLI))

Bendigo Health Primary Investigator: Dr Sam Harris

A Phase II, open-label study evaluating tolerability and efficacy of navitoclax alone or in combination with ruxolitinib in subjects with myelofibrosis (REFINE)

Bendigo Health Primary Investigator: Dr Nora Lee

A Phase II, randomised, double-blind study of relatlimab plus nivolumab in combination with chemotherapy vs nivolumab in combination with chemotherapy as first line treatment for participants with Stage IV or recurrent Non-Small Cell Lung Cancer (NSCLC)

Bendigo Health Primary Investigator: Dr Sam Harris

A Phase II/III study of fianlimab, cemiplimab, and chemotherapy versus cemiplimab and chemotherapy in NSCLC

Bendigo Health Primary Investigator: Dr Say Ng

A Phase III, multi-centre, randomised, open-label study evaluating the efficacy and safety of inavolisib plus fulvestrant versus alpelisib plus fulvestrant in patients with hormone receptor-positive, HER2-negative, PIK3CA mutated, locally advanced or metastatic breast cancer who progressed during or after CDK4/6 inhibitor and endocrine combination therapy

Bendigo Health Primary Investigator: Dr Chloe Georgiou

A Phase III, multi-centre, randomised, open-label trial to evaluate efficacy and safety of ribociclib with endocrine therapy as an adjuvant treatment in patients with hormone receptor-positive, HER2-negative, early breast cancer (NATALEE)

Bendigo Health Primary Investigator: Dr Robert Blum

A Phase III, open-label, multi-centre trial of avelumab (MSB0010718C) versus platinum based doublet as a first line treatment of recurrent or Stage IV PD L1+ Non-Small Cell Lung Cancer (NSCLC) (Javelin Lung)

Bendigo Health Primary Investigator: Dr Mark Warren

A Phase III, open-label, randomised study to assess the efficacy and safety of camizestrant (AZD9833, a next generation, oral selective estrogen receptor degrader) versus standard endocrine therapy (aromatase inhibitor or tamoxifen) as adjuvant treatment for patients with ER+/HER2- early breast cancer and an intermediate-high or high risk of recurrence who have completed definitive locoregional treatment and have no evidence of disease (CAMBRIA-2)

Bendigo Health Primary Investigator: Dr Robert Campbell

A Phase III, randomised, double-blind, placebo-controlled clinical trial of pembrolizumab (MK3475) as monotherapy in the adjuvant treatment of renal cell carcinoma post nephrectomy (KEYNOTE-564)

Bendigo Health Primary Investigator: Dr Sam Harris

A Phase III, randomised, multi-centre, open-label study of DB-1303 versus investigator's choice chemotherapy in Human Epidermal growth factor Receptor 2 (HER2)-low, Hormone Receptor positive (HR+) metastatic breast cancer patients whose disease has progressed on Endocrine Therapy (ET) (DYNASTY-BREAST02)

Bendigo Health Primary Investigator: Dr Robert Blum

A Phase III, randomised, open-label, multi-centre study evaluating the efficacy and safety of adjuvant giredestrant compared with physician's choice of adjuvant endocrine monotherapy in patients with estrogen receptor-positive, HER2 negative early breast cancer

Bendigo Health Primary Investigator: Dr Robert Blum

A Phase III study of a combination of nivolumab plus relatlimab either administered subcutaneously or intravenously in participants with previously untreated metastatic or unresectable melanoma

Bendigo Health Primary Investigator: Dr Sam Harris

A Phase III study to evaluate the efficacy and safety of atezolizumab given in combination with cabozantinib versus cabozantinib alone in patients with RCC

Bendigo Health Primary Investigator: Dr Sam Harris

A Phase III, two-stage, randomised, multi-centre, open-label study comparing CC-92480 (BMS-986348), carfilzomib and dexamethasone (480Kd) versus carfilzomib and dexamethasone (Kd) in participants with relapsed or refractory multiple myeloma

Bendigo Health Primary Investigator: Dr Nora Lee

A randomised, double-blind, Phase II/III study of fianlimab (anti-LAG-3 antibody) in combination with cemiplimab (anti-PD-1 antibody) versus cemiplimab monotherapy in first-line treatment of patients with advanced Non-Small Cell Lung Cancer (NSCLC) with tumors expressing PD-L1 ≥50%

Bendigo Health Primary Investigator: Dr Say Na

A randomised, Phase II trial comparing the efficacy of single fraction or of multi-fraction SABR (Stereotactic Ablative Body Radiotherapy) with atezolizumab in patients with advanced triple negative breast cancer (AZTEC)

Bendigo Health Primary Investigator: Dr Sam Harris

A randomised, placebo-controlled, double-blind study of adjuvant cemiplimab versus placebo after surgery and radiation therapy in patients with high risk cutaneous squamous cell carcinoma (C-POST)

Bendigo Health Primary Investigator: Dr Sam Harris

A single arm, open-label, Phase II, signal-seeking trial of tiragolumab and atezolizumab in patients with advanced solid tumours (MoST-TAP)

Bendigo Health Primary Investigator: Dr Sam Harris

ALTTRACC - ALTernating oxaliplatin and irinotecan doublet schedules versus continuous doublet chemotherapy in previously untreated metastatic colorectal cancer: A Treatment of Recurrent and Advanced Colorectal Cancer registry-based prospective randomised trial

Bendigo Health Primary Investigator: Dr Say Ng

An investigator-initiated, non-randomised, Phase II study of combination CTLA-4 and PD-L1 blockade in combination with HER2 blockade in advanced HER2-positive breast cancers that have progressed on prior trastuzumab-based therapy (DIAmOND)

Bendigo Health Primary Investigator: Dr Robert Blum

Australian Centre of Excellence in Melanoma Imaging & Diagnosis (ACEMID) cohort study Bendiqo Health Primary Investigator: Dr Robert Blum

BGB-A1217 in combination with tislelizumab dose escalation and dose confirmation study in solid tumors

Bendigo Health Primary Investigator: Dr Sam Harris

BIG 19-02 DECRESCENDO - De-escalation of adjuvant chemotherapy in HER2-positive, estrogen receptor-negative, node-negative early breast cancer subjects who achieved pathological complete response after neoadjuvant chemotherapy and dual HER2-blockade

Bendigo Health Primary Investigator: Dr Sam Harris

Circulating tumour DNA analysis informing adjuvant chemotherapy in locally advanced rectal cancer: A multi-centre, randomised study (DYNAMIC-RECTAL)

Bendigo Health Primary Investigator: Dr Robert Campbell

Circulating tumour DNA analysis informing adjuvant chemotherapy in Stage II colon cancer - DYNAMIC

Bendigo Health Primary Investigator: Dr Robert Blum

Circulating tumour DNA analysis informing adjuvant chemotherapy in Stage III colon cancer: A multi-centre, Phase II/III, randomised, controlled study (DYNAMIC III)

Bendigo Health Primary Investigator: Dr Sam Harris

daNIS-3: An open-label, multi-centre, Phase II platform study evaluating the efficacy and safety of NIS793 and other new investigational drug combinations with Standard Of Care (SOC) anti-cancer therapy for the second line treatment of metastatic ColoRectal Cancer (mCRC)

Bendigo Health Primary Investigator: Dr Say Ng

ENZalutamide in Androgen deprivation therapy With RADiation therapy for high risk, clinically localised, prostate cancer trial (ENZARAD)

Bendigo Health Primary Investigator: Dr Mark Shaw

ENZAMET trial: A randomised, Phase III trial of ENZAlutamide in first line androgen deprivation therapy for METastatic prostate cancer

Bendigo Health Primary Investigator: Dr Robert Blum

FAPI-CUP: Evaluating FAPI as a novel radiopharmaceutical for Cancer of Unknown Primary

Bendigo Health Primary Investigator: Dr Mark Warren

IMAGE Study - Melanoma Surveillance Photography (MSP) to improve early detection of melanoma in ultra-high risk and high risk patients

Bendigo Health Primary Investigator: Dr Sam Harris

Ipilimumab and nivolumab combination therapy in patients with selected immunotherapy sensitive advanced rare cancers

Bendigo Health Primary Investigator: Dr Sam Harris

LIBRETTO-432: A placebo-controlled, double-blinded, randomised, Phase III study of adjuvant selpercatinib in RET fusion-positive NSCLC

Bendigo Health Primary Investigator: Dr Mark Warren

Online and telehealth management of rotator cuff tendinopathy: A randomised controlled trial

Bendigo Health Primary Investigator: Josh Naunton

Phase III trial of EXtended TEMozolomide in newly diagnosed glioblastoma (EX-TEM)

Bendigo Health Primary Investigator: Dr Robert Campbell

OPTImal personalised treatment of early breast cancer using Multiparameter Analysis: A randomised study (A multi-site, partially blinded, randomised, international clinical trial with a non-inferiority endpoint and adaptive design) (OPTIMA)

Bendigo Health Primary Investigator: Dr Chloe Georgiou

Randomised, Phase II trial to evaluate the strategy of integrating local ablative therapy with first-line systemic treatment for unresectable oligometastatic colorectal cancer (RESOLUTE)

Bendigo Health Primary Investigator: Dr Robert Campbell

REgistry-based study of enzALutamide vs abiraterone assessing cognitive function in elderly patients with metastatic castration-resistant PROstate cancer (REAL-PRO)

Bendigo Health Primary Investigator: Dr Mark Warren

Solving Unknown Primary cancER (SUPER)

Bendigo Health Primary Investigator: Dr Mark Warren

Solving Unknown Primary cancER Earlier Diagnosis: A stepped wedge, cluster randomised, controlled trial implementing a model of care to support earlier diagnosis (SUPER-ED)

Bendigo Health Primary Investigator: Dr Chloe Georgiou

TARGETed ThromboProphylaxis in ambulatory patients receiving anticancer therapies: An investigator-initiated, open-label, multi-centre, randomised, Phase III trial (TARGET-TP)

Bendigo Health Primary Investigator: Dr Sam Harris

The sleep, cancer and rest trial: A randomised, controlled trial of four treatments for sleep during chemotherapy (SleepCare)

Bendigo Health Primary Investigator: Dr Robert Blum

tRialhub tELetriAge pilot studY (RELAY)

Bendigo Health Primary Investigator: Narelle McPhee

Medical Services

Endocrinology

Research

Early eNvironmental Determinants of pancreatic Islet Autoimmunity: A pregnancy to early life cohort study in children at risk of type 1 diabetes (ENDIA)

Bendigo Health Primary Investigator: Associate Professor Mark Savage

Imagine for better diabetes management: Modifying delay discounting and physical activity via episodic future thinking

Bendiqo Health Primary Investigator: Associate Professor Mark Savage

Inpatient diabetes screening and management

Bendigo Health Primary Investigator: Dr Daisuke Miura

Multi-centre experience of adjunctive metformin during pregnancy in women with type 1 diabetes and clinical evidence of insulin resistance

Bendigo Health Primary Investigator: Dr Jessica Triay

Mental Health

Research

Consumer experiences of Safewards within acute inpatient mental health units

Bendigo Health Primary Investigator: Francis McCormick

Evaluation of clinical supervision implementation for Mental Health nurses in Victoria, Australia

Bendigo Health Primary Investigator: Francis McCormick

Victorian SAFEWARDS trial evaluation project

Bendigo Health Primary Investigator: Lisa Spong

Surgical Services

Anaesthetics and Recovery

Research

Efficacy of intrathecal morphine for post-caesarean section analgesia

Bendigo Health Primary Investigator: Dr Verity Nicholson

General Surgery

Research

A retrospective analysis of postoperative ward patient data to identify factors leading to unplanned admissions to the ICU

Bendigo Health Primary Investigator: Ryan Nelson Hubag Pomado

Australia and New Zealand Emergency Laparotomy Audit Quality Improvement (ANZELA - QI)

Bendigo Health Primary Investigator: Dr Angus Lee

Correlation of the ten test with intraoperative findings in acute hand trauma

Bendigo Health Primary Investigator: Dr Ishith Seth

EAGLE: ESCP sAfe-anastomosis proGramme in colorectaL surgEry

Bendigo Health Primary Investigator: Dr Angus Lee

GlobalSurg 4: Global Evaluation of Cholecystectomy Knowledge and Outcomes - A global prospective cohort study on cholecystectomy (GECKO)

Bendigo Health Primary Investigator: Dr Angus Lee

Non-Anaemic iron deficiency and Treatment Outcomes after colorectal cancer surgery (NATO)

Bendigo Health Primary Investigator: Dr Angus Lee

Post-operative variations in anaemia treatment and transfusions

Bendigo Health Primary Investigator: Dr Chon Hann Liew

Rural General Surgical Fellows: Who is recruited, returns and remains?

Bendigo Health Primary Investigator: Dr Jessica Paynter

Sprint National Anaesthesia Project 3: An observational study and audit of frailty, multi-morbidity and delirium in older people in the perioperative period (SNAP 3)

Bendigo Health Primary Investigator: Dr Angus Lee

Survival and PAtterns of Care in the Era of FLOT-based chemotherapy for gastric and gastroesophageal adenocarcinoma (SPACE-FLOT): An international, multi-centre, cohort study

Bendigo Health Primary Investigator: Dr Frederick Huynh

Clinical Trials

PLATIPUS trial: Piles Local Anaesthetic randomised controlled Trial Investigating Pudendal nerve block vs Under band infiltration vs Standard care

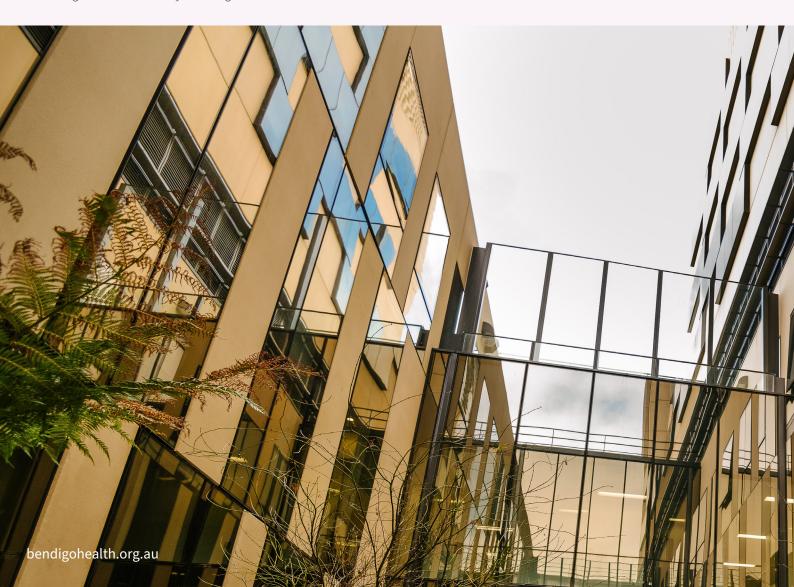
Bendigo Health Primary Investigator: Dr Matt Marino

Urology

Clinical Trials

The ZEnflow Spring sysTem EU safety and performance study (ZEST EU)

Bendigo Health Primary Investigator: Dr Janelle Brennan



Women and Children

Research

Accuracy of tared weight in infants and children

Bendigo Health Primary Investigator: Dr Eugene Ting

Assessing the health literacy environment of maternity services at Bendigo Health

Bendigo Health Primary Investigator: Dr Nicola Yuen

Childhood outcomes of fetal genomic variants: The PrenatAL Microarray cohort (PALM)

Bendigo Health Primary Investigator: Dr Nicola Yuen

Generation Victoria Cohort 2020s

Bendigo Health Primary Investigator: Dr Nicola Yuen

Maternal BMI Bendigo Health

Bendigo Health Primary Investigator: Dr Nicola Yuen

Pregnancy-related acute kidney injury in pre-eclamptic patients: A case-control study of a large regional health service

Bendigo Health Primary Investigator: Dr Alexander Renehan

Understanding the health literacy at Bendigo Health

Bendigo Health Primary Investigator: Dr Nicola Yuen

Clinical Trials

AIROPLANE: Air or oxygen for preterm infants; an embedded trial

Bendigo Health Primary Investigator: Dr Joel Ziffer

Assessing the Reduction of Recurrent admissions with OM-85 for preschool Wheeze (ARROW)

Bendigo Health Primary Investigator: Dr Joel Ziffer

Exploring the impact of caseload midwifery on preterm birth among vulnerable and disadvantaged women: A multi-centre, randomised, controlled trial (MAGNOLIA)

Bendigo Health Primary Investigator: Shelley Hardingham

Community and Public Health Services

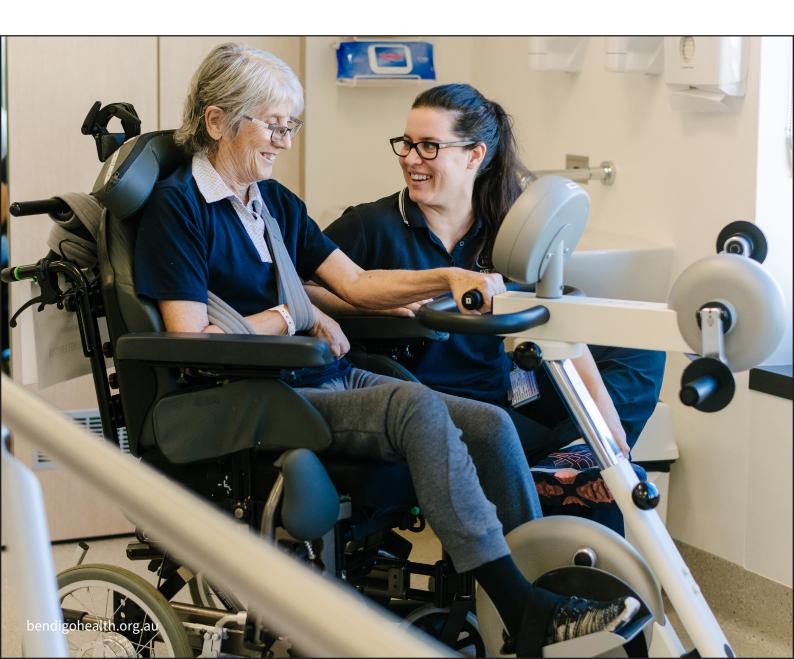
Aged Care Residential Services

Research

CareTrack Aged: Appropriate care delivered to Australians living in residential aged care (Victoria) *Bendigo Health Primary Investigator: Ruth Ward*

Feasibility testing of the health and social care professionals' knowledge & attitudes towards later life sexuality tool in an educational intervention workshop (HSCP-KALLS)

Bendigo Health Primary Investigator: Yung-Hui Chen



Community Nursing Services

Research

Improving detection of Patient Complexity in the community: ImPaCt Study

Bendigo Health Primary Investigator: Jennifer Boak

Health Promotion

Research

Integrated motivational interviewing and cognitive behaviour therapy for physical activity change: The Healthy 4U Project Version 2

Bendigo Health Researcher: Stephen Barrett

The promotion of non-treatment physical activity in physiotherapy and exercise physiology practice

Bendigo Health Primary Investigator: Stephen Barrett

Infectious Diseases Service

Research

International Network of Antibiotic Allergy Nations (iNAAN)

Bendigo Health Primary Investigator: Dr Andrew Mahony

Presentation, management and outcome of cryptococcus infections: A multi-centre, retrospective study focusing on patients without HIV infection

Bendigo Health Primary Investigator: Dr Andrew Mahony

Clinical Trials

AuStralasian COVID-19 Trial (ASCOT)

Bendigo Health Primary Investigator: Dr Andrew Mahony

Staphylococcus aureus Network Adaptive Platform trial (SNAP)

Bendigo Health Primary Investigator: Dr Andrew Mahony

Loddon Mallee Public Health Unit

Research

Murray Valley encephalitis virus serosurvey in a high-risk region in northern Victoria, Australia

Bendigo Health Primary Investigator: Dr Naveen Tenneti



Registries

In addition to Research, Clinical Trials and Projects undertaken at Bendigo Health in 2022-2024, data was submitted to the following international, national and state-wide registries:

- Advanced Hormone Receptor Positive Breast Cancer Registry in Australia (ARORA)
- Australasian Pelvic updateFloor Procedure Registry
- Australian and New Zealand Hip Fracture Registry (ANZHFR)
- Australian and New Zealand Massive Transfusion Registry (ANZ-MTR)
- Australian Breast Device Registry (ABDR)
- Australian Diabetes Clinical Quality Registry (ADCQR)
- Australian Orthopaedic Association National Joint Replacement Register
- Australian Stroke Clinical Registry (AuSCR) National
- Binational Colorectal Cancer Audit (BCCA)
- Brain Registry Australia: Innovation and translation (BRAIN)
- Emerging Drugs Network of Australia (EDNAV)
- Incidence of device malfunction and clinical outcomes of radiotherapy in patients with cardiac implantable electronic device
- INHALE: Investigation of Health outcomes in Australian Lung Cancer
- International Registry for Men with Advanced Prostate CancerSponsor: Prostate Cancer Clinical Trials Consortium, LLC (PCCTC) (IRONMAN)
- Kisqali Access Registry for Metastatic breast cancer in Australia (KARMA)
- Melbourne Adult Idiopathic Thrombocytopenic Purpura (MA-ITP) Registry
- Monitoring and Evaluation of The Victorian State Trauma System
- Pilot of a Lung Cancer Clinical Quality Registry
- Prostate Cancer Registry Regional Project
- Upper GastroIntestinal Cancer Registry (UGICR)
- The Victorian Ambulance Cardiac Arrest Register (VACAR)
- The Victorian Ambulance ST-elevated Myocardial Infarction (STEMI) Quality Initiative (VASQI)
- Victorian Cardiac Outcomes Registry (VCOR)

Research Supports

Clinical Trials Research Support Service (CTRSS)

The Clinical Trials Research Support Service (CTRSS) is funded by the Department of Jobs, Precincts and Regions as part of the Australian Teletrials Program. The CTRSS has been established to help build clinical trials and teletrials capacity and capability. The CTRSS focus is on helping departments that don't have existing clinical trials teams to grow their clinical trial and teletrial activity.

How can the CTRSS help you?

Anytime

We can help with...

- Identifying clinical/teletrials that address priority health issues in our region
- Activities to improve compliance with the National Clinical Trials Governance Framework (NCTGF)
- Facilitating clinical trials research education and training
- Facilitating Good Clinical Practice (GCP) in Research training and maintaining research training records
- · Helping to develop your clinical trial research idea
 - · Advice and practical support

TRIAL READINESS

BUILDING RESEARCH CAPACITY & CAPABILITIES AT BENDIGO HEALTH

Before

We can help you get started by...

- Being your point of contact for Sponsors and research collaboration groups
- Ensuring the research is Feasible & Achievable
- Determining if it could it be a Teletrial [& eligible for the Teletrial \$ Support Program]
 - · Assisting with:
 - · Site feasibility assessment
 - Generation and approval of trial-related documents
 - · Negotiating budgets and contracts
 - Clinical trial research ethics and governance documents and processes
 - · Submissions via ERM
 - Setting up and maintaining project documents on SiteDocs (study "filing cabinet")
 - Implementing streamlined standard operating processes and templates

START UP SUPPORT

During

We will guide you through...

- · Enrolment and participant recruitment
- · Coordinating study visits/tests/procedures
 - · Stakeholder engagement
 - Data collection & maintenance
- Study start up visits, monitoring visits and study close out visits
 - · Invoicing and study payments

PROCESS SUPPORT

After

We will celebrate your work...

- · Reporting to internal and external stakeholders
- Promoting and disseminating the results of your research effort
- · Building relationships to expand sites and reach
- Sustaining engagement through our network of researchers

...and help you get started on your next clinical trial..

For further information please contact <u>clinicaltrialsresearchsupport@bendigohealth.org.au</u> or Clinical Trial Coordinators:

Kate Booth kbooth@bendigohealth.org.au

Sloane Birrell sbirrell@bendigohealth.org.au

Phone: 0488 772 599 or 5454 6411

Library Resources



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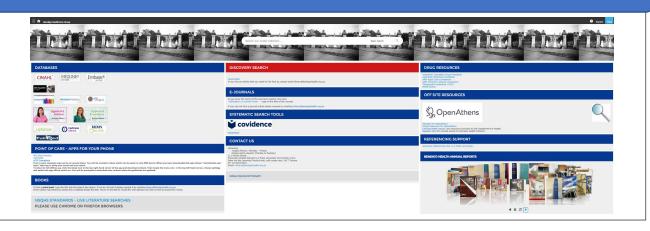
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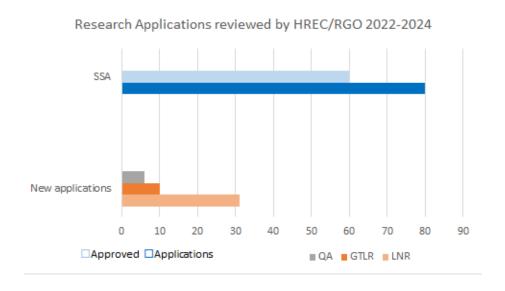
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Research Governance Office (RGO)

Research Applications reviewed by HREC / RGO

In the period of 2022-2024, the HREC reviewed 47 new research applications including Low and Negligible Risk (LNR) Research (31 projects), Greater than Low Risk (GTLR) Research (10 projects); and six Quality Assurance (QA) projects. HREC approved 43 projects, some of which also applied for site authorisation at BH, and are included in the 69 projects authorised by the RGO. The RGO reviewed a total of 80 site authorisation (SSA) applications and approved 69 of these.



Broad category of research and research funding

The broad category of research has shifted from being predominantly (55%) Health Research/Social Science back in 2019-2020 to a more even spread of Clinical Trials (34.3%), Health Research/Social Science (34.3%), Clinical Research (21%), Data Linkage (4.5%) and Registry-based research (5.9%) in 2022-2024.

While it is rare to see external funding attached to LNR/GTLR projects reviewed by the HREC, in 2022-2024, just under half (49%) of the new site-authorised projects were externally funded.

Research collaboration

In 2022-2024, 34% of all site-authorised research applications involved the Cancer Research Centre, 12% Research and Innovation, 9% involved General Surgery/Surgical Services, and 4% each the Women's and Children's department, Intensive Care Unit, Quality and Risk, and Cardiology/Cardiac Rehabilitation. This leaves 29% of research that was carried out by other departments across Bendigo Health.

During the reporting period, Bendigo Health researchers collaborated with a large number of external agencies/ organisations and government departments. These included the Department of Health and Human Services, NHMRC, universities in Victoria and interstate, and pharmaceutical companies plus several collaborative organisations in health and social care.

Monitoring and auditing research

In addition to the review and approval of new proposals, the HREC and RGO are also responsible for monitoring all existing research at BH. This includes consideration of any subsequent variations or modifications to a project, such as updated protocols, investigator's brochures, participant information or changes to the research team. Ongoing monitoring of any reports which might affect the ethical acceptance or site authorisation of a project, including adverse or unforeseen events, is a high priority.

Due to the high number of projects starting in 2021-2022, both the HREC and the RGO reviewed more amendments (118) and progress reports (522) in the past two years than ever before; on average, this was 59 and 261 per year, respectively. Auditing the existing projects occurs as a targeted rather than a routine activity.



Peer Reviewed Journal Publications

- Alexander, M., Collins, I., Abraham, P., Underhill, C., **Harris, S.**, Torres, J., Sharma, S., Solomon, B., Tran-Duy, A., & Burbury, K. (2023). **Telehealth in oncology: a cost analysis to evaluate the financial impact of implementing regional trial hubs within a phase 3 cancer clinical trial** [Article]. *Internal Medicine Journal*, *53*(12), 2346-2349. https://doi.org/10.1111/imj.16292
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 Thromboprophylaxis in Lung and Gastrointestinal Cancers: The TARGET-TP Randomized Clinical Trial [Article]. JAMA Oncology, 9(11), 1536-1545. https://doi.org/10.1001/jamaoncol.2023.3634
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- Azraai, M., Tan, S., & Narayan, O. (2022). Answer: A broken and blocked heart-Takotsubo cardiomyopathy with dynamic left ventricular outflow tract obstruction [Note]. European Heart Journal: Acute Cardiovascular Care, 11(6), E5-E6. https://doi.org/10.1093/ehjacc/zuac016
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