In times of high demand where waiting times in the ED are long, patients may choose to seek consultations / health advice from alternative providers.

SERVICE

TYPE OF SERVICE AND COST

HOURS & CONTACT

Provides phone or video consultation with Australian qualified paediatric emergency medicine specialist doctors. No referral needed.



For newborns up to 15 year olds.

"We'll grab a few basic details, then text you a link to a secure consult withone of our doctors, where you can chat, share photos and jump onto a call via voice or video."

From there, it's like visiting a doctor in person. They'll ask you questions, discuss your concerns, and come up with a plan that works for you.

After your consult you can still chat with us, and we'll check back with you to make sure everything is going OK.

7 days a week 4pm -10pm

For general enquiries call 1800 312 611

Pricing \$179 per evening (\$45-\$75 with a GP referral). CubCare charge by the evening, rather than for pre-defined appointment slots, so you feel comfortable and supported all evening. This includes as many consults as you like with an expert emergency children's doctor and any necessary scripts, referrals and pathology requests.

https://www.cubcare.com.au/



17 year olds.

KidsDocOnCall is an on-demand urgent care telehealth service provided by senior children's specialists, active in emergency and acute care across Australia. The specialists can treat all non-life-threatening injuries and illnesses. No referral needed. Use any device that supports video calls: computer, tablet or smartphone.

Pricing: (subscription fee is per family)

Benefits Include	Subscribers	All Members
Annual Fee	\$350 annually	No subscription
Day Time Consultation Fee	\$80	\$180
Night Time Consultation Fee	\$150	\$250
Consults Within	60 minutes	120 minutes

Medicare rebates are available for all calls between 11pm and 7am, and for children under 12 months of age. Please note Medicare rebates are subject to change and gap payments may still exist.

Consult services also include free follow up consult within 24 hours if medically indicated, specialist referrals, prescriptions sent to your local pharmacy, consultation summaries to you and your GP, x-ray requests and pathology requests.

https://www.kidsdoconcall.com.au/

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SERVICE

TYPE OF SERVICE AND COST

HOURS & CONTACT

A telephone based screening service that provides 24 hour, 7 day a week access to mental health services across the Loddon Campaspe Southern Mallee region.

1300 363 788



Mental Health Regional Triage Service

If you are concerned that you need a Mental Health Assessment, please contact Triage before attending the Emergency Department.

Our website has information about the service and what you can expect:

https://bendigohealth.org.au/MentalHealthRegional Triage/

UFS

Corner View & Barnard Streets, Bendigo 24 hour "Supercare" pharmacy offering a free evening Supercare Nursing Service (available 6pm-10pm).

The Supercare Nursing Service is a government funded service providing triage, assessment, treatment and/or referral on to a GP, emergency department or other healthcare provider for ongoing care. Services includes wound care, blood pressure checks, treatment of minor strains and sprains, rashes and minor burns, coughs, colds, vomiting, diarrhoea, removal of sutures or staples (with instructions from a doctor), injections (with prescription), immunisations under the NIP schedule and general healthcare advice.

Pharmacy 24/7

Nursing service 6pm-10pm every day

https://www.bendigoufs.com.au/view-street/

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SERVICE

TYPE OF SERVICE AND COST

HOURS & CONTACT

24/7



GP telehealth consults

Telehealth doctors' appointments available 24/7

See a telehealth doctor from the comfort of your own home

Our telehealth GP service gives you video access to Australian registered doctors at a time (business hours or after hours) & location (anywhere you have internet access) that suits you.

How our telehealth doctor appointments work

Please note that vaccine exemption certificates will not ordinarily be given through our service. Mask exemption certificates are written in the doctors discretion. 15 minute consultations with a registered doctor. COVID-19 Medicare rebates are no longer available. § \$60 in business hours: § \$90 after hours

https://www.doctorsondemand.com.au/

Web portal which aggregates many Australian GP telehealth providers with available appointments in one website.

Speak with an Australian Qualified GP from anywhere via phone or video. Pricing is variable depending on service and length of consult.

healthengine

Prescriptions & medical certificates via Online Form

\$15

8 min On-demand Appointments

\$39

Speak to a doctor within 15 minutes (Max 8 minute consults).

15 min Scheduled Appointments

From \$52

Appointment with your choice of doctor and time for up to 15 minutes.

Tele-enabled GP Practices

Traditional GP Practices may also offer telehealth services.

https://healthengine.com.au/appointments/telehealth/text/Australia/ **NextAvailable**

Quick Prescription Service

for a repeat prescription/medication you already know (Fee \$19.95 if not Bulk Billed)

Absence From Work Certificate

For certificates to cover more than 1 day, please book a"Telehealth GP Appt" instead (Fee \$19.95 if not Bulk Billed)

Telehealth GP Long Consult- 25 Mins

(General Consults, Prescriptions, Absence From Work Certificate, Referral to Specialists/Allied Health, Referral for Blood Tests and X-rays) (Strictly no Drugs of Addiction prescribed)

(No Vaccine Exemption certificate issued under this appointment type)

Fee \$97.85 (this appt type is not bulk billed)

(General Consults, Prescriptions, Absence From Work Certificate, Referral to Specialists/Allied Health, Referral for Blood Tests and X-rays) (Strictly no Drugs of Addiction prescribed)

(No Vaccine Exemption certificate issued under this appointment type)

(Fee \$40 50 if not Bulk Billed)

Telehealth GP Appointment- 10 Mins COVID-19 Vaccine Exemption Certificate

Fee \$77.25 (this appt type is not bulk billed)

Telehealth Psychologist Appointment (50 Mins - Fee \$168 if not Bulk Billed)

Telehealth Dietitian Appointment (60 Mins - Fee \$180 if not Bulk Billed)

https://www.nationaltelemedicinedoctors.com/book-an-appointment-online/

24/7

24/7

In times of high demand where waiting times in the ED are long, patients may choose to seek consultations / health advice from alternative providers.

SERVICE

TYPE OF SERVICE AND COST

HOURS & CONTACT

My Emergency Doctor's telemedicine service provides phone or video consultation with Australian-qualified senior emergency specialist doctors (Fellows of the Australasian College for Emergency Medicine or FACEMs).

24/7 1800 123 633



A consultation with My Emergency Doctor may be appropriate if you are experiencing any of the following conditions for immediate care:

Bronchiolitis	Abdominal Pain	Fainting	Headache
Flu	Fever	Rashes, bites and stings	Back pain
Sore Throat	Diarrhoea and Vomiting	Acute Injury	Urinary Tract Infections
Allergic reactions	Sports injuries	Work injuries	Head Injury/Concussion

Pricing: Mon-Fri 8am-6pm: \$250. All other times: \$280. https://www.myemergencydr.com/patients/



An after-hours home doctor service (face to face) in Bendigo which provides bulk billed home visits to residents of Bendigo. Doctors working in this service are GPs, hospital doctors or locum doctors who are experienced and qualified.

https://www.13cure.com.au/locations/victoria/bendigo_dc-1473
Please note that this service is dependent on doctor recruitment to fill shifts and often may not be available.

Call 13CURE (132873)
Mon-Fri 6pm-8am
Sat from noon
Sun & public
holidays: 24 hour

Toothaches, dental swellings, broken teeth, fillings, and check ups. No referral required but you must make a booking.

Business hours 5454 7994



Eligible Children (no cost):

Anyone under 13 years of age, irrespective of family income
 Aged between 13-17 years with a Health Care card or Pension Card
 Aged between 2-17 years who are eligible for Child Dental Benefits Scheme
 Asylum seeker / Refugee

https://www.bendigohealth.org.au/childdental registration/

Eligible Adults 18 and over (co-payment applies):

- Must have a current Healthcare or Pension card https://www.bendigohealth.org.au/adultdental-registration/

Non-eligible patients will need to see their own dentists.

For after-hours dental appointments, ask the administration staff at triage for the list of Bendigo Dentists that offer after-hours services.

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PHYSIOTHERAPY

Sprain, strain, or uncomplicated lower back pain? See a physiotherapist.

Bendigo Physio and Sports Clinic 332 Napier Street Bendigo 5442 7500

Bendigo Primary Care Physiotherapy; Bikefit 123 Arnold Street, Bendigo 5441 8622

Central Victorian Hand Therapy (hand in hand) 176 Barnard Street Bendigo 5442 5288

Central Victorian Sports Physiotherapy 7 Stewart Street Bendigo 5443 1255

Control Centre Health 480 Hargreaves Sreett Bendigo 5442 5017

Fusion Physiotherapy 86 McIvor Road Bendigo 5443 5411

Golden City Physiotherapy Clinic 132 Wattle Street Bendigo 5442 1954

Human Mechanics Gym 41 Howard Street Epsom 5448 5556

Physiotherapy Centre Bendigo 59 McIvor Road Bendigo 5442 4044

Strathdale Physio & Sports Rehab 120 Condon Street Kennington 5441 7600 St John Of God (SJOG) Physiotherapy Ground floor of the hospital Lily Street Bendigo 5434 3261

St Arnaud Physiotherapy Centre 6 Walker Street St. Arnaud 0438 392 027

INFORM Physio Care Bendigo 71-71 Williamson Street Bendigo 0428 575 229

Central Victorian Home Physiotherapy www.centralvichomephysio.com.au 0400 757 849

3D Physiotherapy and Pilates 107 Sternberg Street Kennington 5406 0228

Healthy Mates 202 Hargreaves Street Bendigo 5444 1954

Strathfieldsaye Primary Health 34 Blucher Street Strathfieldsaye 5439 4442

Lee Bray Physiotherapy 176 Barnard Street Bendigo 5444 1272

Physiotherapy Jordan Lees 454 Hargreaves Street Bendigo 4400 9090

V- carephysio 24 Townsend Street Flora Hill 4411 1849