

If for any reason you are unable to keep your admission appointment please phone 5454 8800 and ask to speak to the Liaison Nurse for your speciality:

ENT/Eyes

Endoscopy

General Surgery

Orthopaedics

Obstetrics/Gynaecology

Urology

We recommend you view the video **Bendigo Health Surgical Journey** prior to admission.

It can be viewed on the Bendigo Health YouTube channel.

LOCATION:

Day of Surgery Admissions (DOSA)
Bendigo Health Hospital Campus
Mercy Street, entry via Barnard Street
Bendigo 3550

CONTACT DETAILS:

Booking office 5454 7575

PATIENT INFORMATION

FOR ADMISSION TO
BENDIGO HOSPITAL

Fasting Times

Please follow Bowel preparation
instructions enclosed

- Do not have chewing gum during your fasting period

You may drink water up until 2 hours prior to your admission



BEFORE YOUR OPERATION

- Do not smoke or drink alcohol for at least 24 hours
- Follow fasting instructions, these are located on your letter advising you of your admission
- If you have diabetes, please contact the pre-admission nurse on (03) 5454 8842 for medication instructions
- Remove any make up, nail polish, jewellery or body piercing
- Wear comfortable, appropriate clothing

We advise you to not bring money, valuables or your mobile phone with you.

WHERE DO I PARK?

There are two main car parks located at Bendigo Hospital. The basement car park is under the Hospital building and accessed via Mercy Street and the multi-storey car park is accessed via Lucan Street and connected to the hospital via a pedestrian air link bridge. Car parking fees for the two car parks are the first half an hour is free, \$2 per hour and capped at \$8 maximum per day.

Time restricted free parking is available in the surrounding streets.

WAITING TIME

It is essential to arrive at your designated admission time to allow review with the anaesthetist and nurse prior to your procedure.

Please be punctual. Sometimes, for unexpected reasons your procedure may be done earlier.

Please be prepared to wait for your procedure.

You may need to stay for up to 4-6 hours if your case is a day procedure.

AFTER YOUR SURGERY

If you are a day patient you may be required to stay for one to two hours after your procedure to make sure you are well enough to go home. Anaesthesia or sedation may affect your thinking, coordination and reflexes.

For at least 24 hours after surgery you should not:

- Drive
- Travel alone
- Operate machinery
- Cook
- Make important decisions or sign important papers

DISCHARGE INFORMATION

On discharge you will be given:

- Written instructions (a follow up appointment will be made on the day or mailed to you)
- Medical certificate if required. Please ask on the day

MEDICATIONS

You may require medication to take home.

Discharge medications can be dispensed from the Hospital Pharmacy or a Community pharmacy. Charges will apply.

PATIENT ESCORT ARRANGEMENTS FOR DAY SURGERY PATIENTS

You must be accompanied home by a responsible adult. Taxis can only be used if a responsible adult can accompany you.

If a carer cannot be arranged, your procedure may be cancelled.

It is your responsibility to arrange for someone to collect you from hospital and stay with you overnight at home.

