



BHN00006



## EXTREF STRESS ECHOCARDIOGRAM REFERRAL FORM

Bendigo Health Cardiology-Specialist Clinics

Level 1, The Bendigo Hospital

100 Barnard Street, Bendigo 3550

PH: (03) 5454 8017

FAX: (03) 5454 8020

Please ensure ALL parts of this form are completed prior to submitting. Referral forms missing data will be rejected. Fax completed form to (03) 5454 8020.

### Patient Details

Name:		DOB:	
Address:			
Medicare Number:		Phone:	

### Medicare Criteria – Please tick all criteria that apply

#### Symptoms of typical or atypical angina

- Constricting discomfort in the chest, neck, shoulder, jaw or arms that is:
- precipitated by physical exertion, OR
- symptoms are relieved by rest or GTN

#### Known coronary artery disease with one or more symptoms suggestive of ischaemia

- Not controlled with medical therapy
- Have evolved since the last functional study

#### Other Indications

- Past hx of congenital heart surgery (please provide further details)
- Abnormal resting ECG indicating coronary artery disease or ischaemia in a patient without known coronary artery disease (please provide copy of ECG or report)
- Intermediate lesion on CTCA or invasive Coronary Angiography, includes high coronary calcium score
- Undue SOBOE with uncertain cause
- Pre-operative with poor exercise capacity (<4 METS) and PHx of IHD, CVA, DM on insulin or serum Cr >170
- Assessment of valvular disease or ischaemic threshold during exercise prior to intervention
- Suspected silent ischaemia or patients with impaired cognition or expressive language skills
- Assessment by a specialist or consultant physician indicates that the patient has potential non-coronary artery disease, where Stress Echocardiography is likely to assist the diagnosis

### Please review Contraindications and Patient Suitability (tick all that apply)

#### Contraindications to Stress Testing (test will be rejected)

- Severe Aortic Stenosis
- Systolic BP >200 or diastolic >110
- Known left main CAD, or ongoing unstable angina
- Poorly controlled CHF or arrhythmia
- HOCM
- Major electrolyte imbalance
- Major associated conditions ie; pneumonia, severe anaemia, acute renal failure, myopericarditis

#### Suitability (Do any of these apply to the patient? If yes, an alternative test may be required)

- Unable to walk unassisted on a treadmill
- Severe osteoarthritis requiring walking aid
- Morbid obesity (BMI more than 40 kg/m<sup>2</sup>)
- Uncontrolled asthma/COPD/lung disease
- Severe mental health issues
- Left bundle branch block
- Atypical symptoms without cardiac risk factors



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**Please provide detailed description of current signs and symptoms**

**Please detail relevant past history, including current exercise ability**

**Please list all medications your patient is currently taking**

**Referring Doctor Details**

Name:	Signature:	Date:
Provider No:	Phone:	Fax:

**Copies to:**

- Please fax referral to (03) 5454 8017 immediately to enable prompt triage and Medicare Eligibility verification
- You will be informed if your referral has been rejected and why via mail
- Stress echocardiogram can only be claimed under Medicare once in a 2-year period unless referred by a specialist
- Bendigo Health is unable to provide stress echocardiogram for VicRoads and/or CASA licencing purposes
- Please call the Bendigo Health switchboard on (03) 5454 6000 and ask to be put through to the Cardiology Registrar if you have any specific concerns about a patient.