

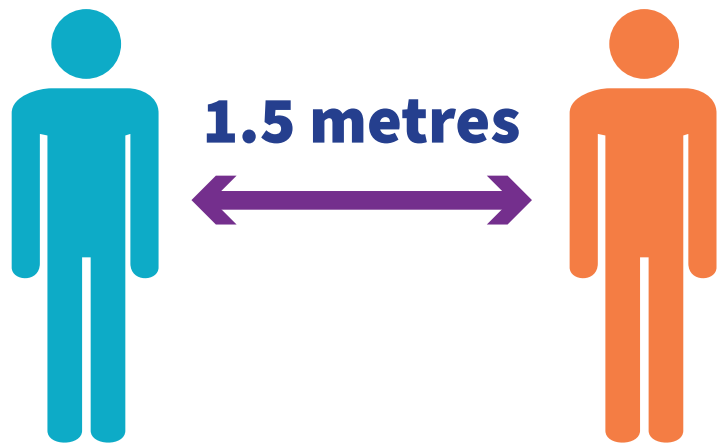
Social Distancing

vs

Self Isolation

Social Distancing

Stay away from places where people gather, avoid mass gatherings, and whenever possible, maintain a distance of at least 1.5 metres away from each other. Together we can help slow the infection from spreading.



Self-Isolation

Stay at home, no work or quick trips to the shops and no visitors. Get essentials delivered. Supplies should be left at the door to avoid contact with others. Avoid sharing rooms and where possible stay in a well-ventilated room away from housemates or family members.

Stay at home

